

# January

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Gym 1</b> <b>Gym 2</b> <b>Multipurpose Room</b> <b>Walker St. Rec Center</b>		<b>1.</b> <b>HOLIDAY CLOSURE</b> No classes/activities	<b>2.</b> 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12 pm-Beginner Tap 1 pm-4 pm-Pickleball	<b>3.</b> No classes
<b>6.</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10:45 am-Yoga 11:30 am-Lunch 12 pm-Walk w/ Ease 1 pm-Beginner Pickleball	<b>7.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12:30 pm-Social Dance 12:30 pm-Watercolor	<b>8.</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10 am-Line Dance 11 am-Yoga 11 am-Walk w/Ease 12:30 pm-Water color 1 pm-Ballroom Dance 1 pm-Intro to Pickleball	<b>9.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12 pm-Beginner Tap	<b>10.</b> 7 am-Pickleball 9 am-Zumba 10 am-Line Dance 10 am-Pilatai 11 am-Yoga 12 pm-Walk w/Ease
<b>13</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10:45 am-Yoga 11:30 am-Lunch 12 pm-Walk w/ Ease 1 pm-Beginner Pickleballll	<b>14.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12:30 pm-Social Dance 12:30 pm-Watercolor	<b>15.</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10 am-Line Dance 11 am-Yoga 11 am-Walk w/Ease 12:30 pm-Water color 1 pm-Ballroom Dance 1 pm-Intro to Pickleball	<b>16.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12 pm-Beginner Tap	<b>17.</b> 9 am-Zumba 10 am-Line Dance 10 am-Pilatai 11 am-Yoga 12 pm-Walk w/Ease
<b>20</b> <b>HOLIDAY CLOSURE</b> No classes/activities	<b>21.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12:30 pm-Social Dance 12:30 pm-Watercolor	<b>22.</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10 am-Line Dance 11 am-Yoga 11 am-Walk w/Ease 12:30 pm-Water color 1 pm-Ballroom Dance 1 pm-Intro to Pickleball	<b>23.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12 pm-Beginner Tap	<b>24.</b> 7 am-Pickleball 9 am-Zumba 10 am-Line Dance 10 am-Pilatai 11 am-Yoga 12 pm-Walk w/Ease
<b>27</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Pilatai 10:45 am-Yoga 11:30 am-Lunch 12 pm-Walk w/ Ease 1 pm-Beginner Pickleball	<b>28.</b> 7 am-Pickleball 7:50 am-Jazzercise 9 am-Zumba 9 am-Jazzercise 10 am-Line Dance 11 am-Tap 11:30 am-Lunch 12:30 pm-Social Dance 12:30 pm-Watercolor	<b>29.</b> 7:50 am-Jazzercise 9 am-Zumba 10 am-Line Dance 10 am-Pilatai 11 am-Yoga 11 am-Walk w/Ease 12:30 pm-Water color 1 pm-Ballroom Dance 1 pm-Intro to Pickleball		

**FRIENDLY REMINDER:**

*Children under the age of 15 are not eligible to participate in adult classes.*

*For your safety and theirs, children under 15 are not allowed in classes.*

Rec Center is located at 450 West Walker St.

- Membership, Daily Fitness Pass or Fitness Punch Card required to participate in any class and/or activity.